

NAME: _____

DOB: _____

DATE: _____

DEPRESSION SCREENING (PHQ-9) Over the last 2 weeks, how often have you been bothered by any of the following:	N o t at all (0)	Several days (1)	More than 7 days (2)	Nearly e v e r y day (3)
1. Little interest or pleasure in doing things?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
2. Feeling down, depressed, or hopeless?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
3. Trouble falling or staying asleep, or sleeping too much?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
4. Feeling tired or having little energy?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
5. Poor appetite or overeating?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
7. Trouble concentrating on things, such as reading the newspaper or watching television?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
8. Moving or speaking so slowly that other people could have noticed? Or the opposite—being so fidgety or restless that you have been moving around a lot more than usual?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
9. Thoughts that you would be better off dead or of hurting yourself in some way?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Add columns: _____ + _____ + _____

TOTAL: _____

If you checked off any problems, how difficult have these problems made it for you to do your work,

_____ Not difficult at all
_____ Somewhat difficult

take care of things at home, or get along with other people?

_____ Very difficult
_____ Extremely difficult

Check if applicable?: Bipolar disorder Active dx of depression MDD in remission Delirium

Are you currently taking an anti-depressant?

No Yes; Name & dose of medication? _____

Name of psychiatrist/psychologist, if being seen:

Comments: _____